

Department- psychiatry



Name	Qualification	Designation	Medical council Registration No.	Experience
Dr C.L Pradhan	MBBS, MD Psychiatry	Associate Professor	SMC/ 0082	2 AND HALF YEARS
Dr. Upashna Gurung	MBBS, MD PSYCHIATRY	Assistant professor	SMC/0325	
Dr. Shetal Chettri	MBBS, MD PSYCHIATRY	Senior Resident	SMC/0702	

Overview

The Department of Psychiatry in STNM, provides comprehensive, patient-centred psychiatric services to the people of Sikkim and neighbouring regions. The department offers outpatient, inpatient, emergency psychiatric care, consultation-liaison services, psychological assessment, counselling, de-addiction services, early intervention and management, rehabilitation with multidisciplinary approach. It also houses the only government- run EEG laboratory in Sikkim, providing routine, sleep, and sleep deprived EEG services for neurological and psychiatric disorders. The department actively participates in undergraduate education, clinical training, CMEs, research and community mental health awareness programmes aimed at reducing stigma and promoting early intervention. With its commitment to compassionate, evidence- based care, department continues to advance excellence in patient care, education and mental health advocacy.

Infrastructure

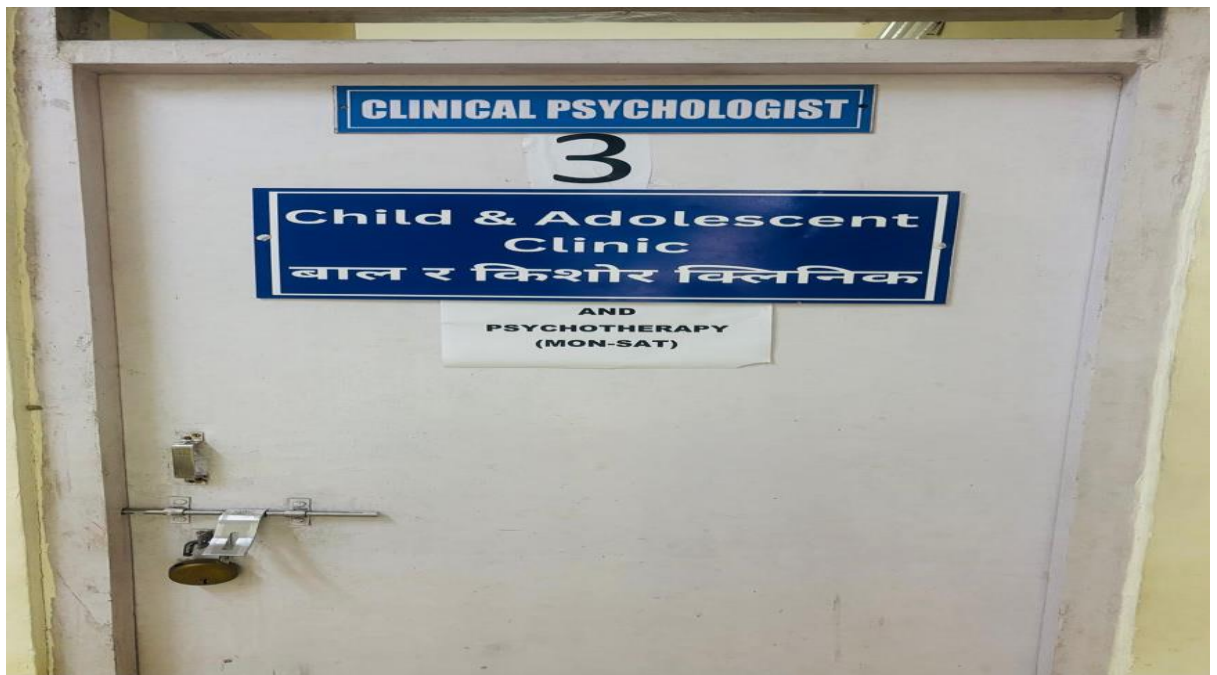
- Registration counter
- OPD Rooms
- IPD Beds
- Seclusion room
- Observation room
- Demonstration Room
- EEG Room/EMG room
- De-addiction Center
- Counselling/ psychotherapy room
- Nurses station
- Security room

Major Equipment/s

Equipment	Quantity
ECT	1
EMG	1
ECG	1
VITAL MONITOR	1
DEFIBRILLATOR	1
AMBU BAG	1
PSYCHOLOGICAL TEST – BINET KAMAT TEST OF INTELLIGENCE	1
RORSCHACH INKBLOT TEST	1
THEMATIC APPERCEPTION TEST	1

Photographs.











Psychological test items





NEW VISITING HOURS
Critical Care Area (ICU):
1 pm to 2 pm
Wards Area:
1 pm to 3 pm
For Safety of
our Patients, Limit
one visitor per patient
during visiting hours.
HELP US TO
HELP YOU

HELEN LEPTCHA SIKKIM GOVERNMENT MEDICAL COLLEGE
DEPARTMENT OF PSYCHIATRY
TEACHING STAFF
ASSOCIATE PROFESSOR DR. C. J. PRADHAN
& NUD
ASSISTANT PROFESSOR DR. UPASANA GURUNG
SENIOR RESIDENT DR. SHITAL CHETTRI

